

# 中国慢性炎性脱髓鞘性多发性神经根神经病诊治指南 2019

## Chinese guidelines for diagnosis and treatment of chronic inflammatory demyelinating polyradiculoneuropathy 2019

中华医学会神经病学分会 中华医学会神经病学分会周围神经病协作组 中华医学会神经病学分会肌电图与临床神经电生理学组 中华医学会神经病学分会神经肌肉病学组

中华神经科杂志, 2019,52(11) : 883-888. DOI: 10.3760/cma.j.issn.1006-7876.2019.11.003

Chinese Society of Neurology, Peripheral Neuropathy Collaboration Group of Chinese Society of Neurology, Chinese Society of Electromyography and Clinical Neurophysiology, Chinese Society of Neuromuscular Disease

Published 2019-11-08

Cite as Chin J Neurol, 2019,52(11): 883-888. DOI: 10.3760/cma.j.issn.1006-7876.2019.11.003

### 摘要

近年，慢性炎性脱髓鞘性多发性神经根神经病（CIDP）在诊断、抗体发现和治疗方面都有长足进展，尤其是新型抗体介导的 CIDP 在治疗上有一定的特殊性。因此，在 2012 版基础上，更新了经典型、变异型及新型抗体介导的 CIDP 的定义，提出了 CIDP 临床和电生理诊断标准、鉴别诊断和治疗。本指南旨在为临床神经科医生提供 CIDP 诊断和治疗依据。

### Abstract

There are progresses in diagnose, novel anti-bodies and treatment of chronic inflammatory demyelinating polyradiculoneuropathy (CIDP) in recent years. The treatment of paranodal anti-bodies mediated CIDP is specific. Based on the guideline of CIDP in China in 2012, this guideline revised the definitions of typical, untypical and IgG4 antibodies mediated CIDP. Moreover, the clinical and electrodiagnostic criteria as well as treatment of CIDP are published. This guideline aims to provide the diagnosis criteria and treatment of CIDP to clinical neurologists.

[http://rs.yiigle.com/resource\\_static.jsp?contentId=1167432](http://rs.yiigle.com/resource_static.jsp?contentId=1167432)